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## THANKS FOR USING OUR *Social Story*

A social story is a learning tool that helps people to exchange information with each other in a way that's meaningful and understandable. It is not a 'script' but more of a structured guide to share information in a way that makes sense, helps children & young people to cope with situations and reduce anxiety.

Your social story comes with a dry wipe marker so you can write on when you are going (next week, tomorrow, Friday, etc) or specific names of people who will be accompanying your child/young person on each holiday. (It also has 'rubber' on the end a magnet on the lid so you can stick it to your fridge!)

There are velcro symbols so you can alter the story each time you use it. E.g. You can change who is taking them to on holiday or how they will be travelling there, how long they are staying. There are blank cards in the back of the folder so you can add your own personal symbols.

If there are any parts of the story that don't fit with your child or young person's preferences or trip, you can simply open the ring binder, remove the page and place it at the back of the folder. E.g. If you won't be travelling by aeroplane, take those pages out and place it at the back.

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